

One World Spiritual Center
Community Circles
April 15, 2020
When You Can't Say No
with Rev. Melanie Eyre



“For hundreds of years – perhaps since the beginning of Creation – a piece of the world has been waiting for your soul to purify and repair it. And your soul, from the time it was first emanated and conceived, waited above to descend to this world and carry out that mission. And your footsteps were guided to reach that place. And you are there now.”
- Rebbe Menachem Schneerson

This week we had the opportunity to celebrate the festivals of Easter and Passover, central to two of the Abrahamic faiths. Both represent journeys as well as transformation.

There are times in our lives when all of us are presented with opportunities for profound change, even if they don't involve a burning bush, a dead man appearing to you, or the audible voice of God. Our opportunities might be more...nuanced, you might say, and they may take some noticing. The challenge here? It may be easier to say no, just when life calls for our yes.

How do you discern a call to change and grow? Can you think of any examples in your life?

Have you been called to make a change you didn't feel ready for? What guidance did you find useful?

In Sunday's talk, I reflected on the truth that we're in such a transformational moment right now, although surely one we didn't want or ask for. *Is that the way of such moments? When we don't expect them, and when all seems to be going the way we anticipate?*

What growth is calling to you, in this new world of Covid-19? Challenges you face, obstacles you find yourself overcoming? Is any of this familiar to you?

We had an interesting discussion on this morning's meditation call about how we handle fear in the face of this great unknown. *Have you experienced additional insights on how you handle the emotions that come up, as you sit at home, interact with others, read the news, or just go about your days?*

The quote above by Rebbe Schneerson represents, in part, the Jewish concept of Tikkun Olam, or healing (repairing) the world. *How do we heal today's world, collectively and individually? Are there limits on how much we can accomplish and, if so, where does that leave us?*