
Joy: what does that mean for you?

1. – Do you think there is a difference between joy and happiness?
– What do those qualities mean for you?
– How do you experience joy?

2. – Have you ever struggled to remember joy when experiencing sad or troubling times?
Would you care to share that experience?

3. Rev. Angela Gorrell described what she terms “futuristic joy” – joy that comes from rejoicing in the knowledge that we will again glimpse meaning, beauty, or goodness, and, seemingly against all odds, feel that they are connected to our very life.
– Does this concept resonate with you?
– Did/does thinking about the joy that awaits you as you move through sad times give you comfort or help in any way?

4. – How did the scenes of people experiencing joy and happiness in the midst of war and isolation affect you? Were you able to remain joyful during pandemic times?

– How about now, when the world is in such chaos?