

One World Spiritual Center
Community Circles
March 25, 2020
Treasures Within
with Rev. Xiomara Malagon



*You can see the message very clearly,
everywhere you look on all sides.
It comes from the Knowers of the Truth in all traditions.
They all say the same thing:
Experience God's vastness within yourself,
but also feed the hungry.
Experience God's bounty within yourself;
also, listen to the sorrowful words of your friend.
Experience God's love in your own being;
also, don't mind making your own bed when you wake up in the morning.
Both mundane and spiritual belong to God,
so learn to share with others the greatness you experience within yourself.
~Swami Chidvilasananda (Gurumayi)*

Rev. Xiomara Malagon spoke to us of the treasures we have within, and how we can awaken to them to heal ourselves and the consciousness of our world. Using Robert Brumet's excellent book "Finding Yourself In Transition" (a favorite of Rev. Sydney's!) she said that we have all we need, inside ourselves, to bless our world and live in peace, joy and compassion.

Sometimes it seems like a heavy lift! Where do we start? Brumet responds by telling us "the path we must take is the path we are on." *What does that mean to you? Do you agree?* Does that thought have any connection to Rev. Xiomara's other teaching that all too often we search everywhere outside ourselves for spiritual treasures, only to find that they were always within, waiting to be discovered? *Have you found that to be true? Has the "new normal" of recent weeks enabled you to find any additional treasures within?*

Complete this sentence: One of the unexpected joys I've discovered as I've stayed at home has been _____.

Or this: I never expected it, but since I've been at home I've learned to _____.

Brumet's book is about transitions, endings, and beginnings – honoring endings, making the journey through the uncertainty as to what's next, and entering into new beginnings as the transformative experiences they can be. One of my favorite quotes from the book is from T.S. Eliot: "What we call the beginning is often the end. And to make an end is to make a beginning. The end is where we start from."

I was struck by the thought that as we continue into the "new normal" of today, we are surrounded by endings, and beginnings. *Are you grieving any endings, in your life or your routine? What are they? Are there any new beginnings? How do you make the journey?*